

Buffalo Wrestling Club

Coaches Code of Ethics

I, hereby pledge to live up to that standards set by the Buffalo Wrestling Club by following the following code of ethics.

- I will place the emotional and physical well being of my wrestlers ahead of a personal desire to win.
- I will treat each wrestler as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe wrestling situation for my wrestlers
- I promise to review and practice basic first aid principles needed to treat the injuries of my wrestlers.
- I will do my best to organize practices that are challenging and fun for all of my wrestlers.
- I will lead by example in demonstrating fair play and sportsmanship to all my wrestlers.
- I will provide a sports environment for my wrestlers that is free of drugs, tobacco, alcohol, and I will refrain from their use at all youth sports events.
- I will be knowledgeable in the rules of the sport of wrestling and will teach these rules to my wrestlers.
- I will use coaching techniques appropriate for all of the skills that I teach.
- I will remember that I am a youth sports coach and that the matches are for the children, not the adults.

Coach Signature

Date